

Ash Wednesday



February 14, 2018

Mass Schedule

7:30 am
9:00 am
12:00 pm
5:00 pm

Ash Wednesday marks the beginning of the season of Lent. It is a season of penance, reflection and fasting which prepares us for Christ's Resurrection of Easter Sunday, through which we attain redemption.

The tradition of receiving ashes has its origins in the Old Testament, where sinners performed acts of public penance. It was Pope Urban II who in the 11th century recommended that all Catholics take part in the practice of receiving ashes on Ash Wednesday. In the 12th century it became customary that the ashes used on Ash Wednesday were made by burning the palms from the previous year.

Abstinence is a Lenten practice of refraining from the consumption of meat and is to be observed by all Catholics age 14 and older on Ash Wednesday, Good Friday, and the Fridays during Lent. Pastors and parents are encouraged to see that those who are not bound by the obligation to abstain are led to appreciate an authentic sense of penance. In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18-59 years old. On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Ashes will only be distributed during mass.

2018 Lenten Schedule

Lenten Daily Mass Schedule

Monday—Friday: 7:30am and 12:00 pm

Saturday: 7:30 am

Sacrament of Reconciliation

Tuesday: 7:00pm—9:00pm

Saturday: 4:00pm-4:45 pm

(There will be no Reconciliation on Holy Saturday, March 31, 2018)

Stations of the Cross 7:00pm

Every Friday evening during Lent and Good Friday

Lenten Vespers Series

Josh St. Onge offering Reflections

February 18 and 25, March 4 and 11—6:00 pm

Lenten Soup Suppers

February 18 and 25, March 4 and 11—6:45 pm

Palm Sunday, March 25

Mass Schedule:

Saturday Vigil 5:00pm

Sunday 7:30am, 9:00am, 10:30am, 12:00 pm,
5:00pm



The Season of Lent
*"God's Mercy Transforms Human Hearts...
it Enables us...to Become Merciful in Turn"*
-Pope Francis

PRAY FAST GIVE

Lent is a time we are asked to Fast, Pray and Give Alms to help the poor in our community. Beginning on Ash Wednesday, there will be a basket in the middle aisle for contributions. As you come up to receive Communion, please drop in a dollar or two for those in need.

Thank you for your care and concern for the least of our brethren in our midst.

A project of your Social Concerns Ministry